

#### **CLOTHING & ATTIRE**

- ☐ 3-5 Upscale Casual Outfits
- Comfortable & Stylish Shoes
- □ Tennis Shoes for 5K Run
- Pajamas
- ☐ Sweater / Scarf / Jacket
- Exercise Clothes
- ☐ Dressy Hat / Sunhat
- Underwear
- ☐ Casual & Traveling Clothes
- Jewelry

# TOILETRIES

- Face Moisturizer
- Makeup
- Toothpaste / Toothbrush / Mouthwash
- Deodorant
- ☐ Body Lotion
- ☐ Feminine Hygiene Products
- ☐ Shampoo / Conditioner / Shower Gel
- ☐ Hairbrush / Comb
- ☐ Razor for your legs

### MUST-HAVES

- Comfortable Purse
- □ Snacks
- ☐ Vitality Drops / Vitality Oils
- ☐ YL Supplements
- ☐ NingXia Red Packets
- Pen & Notepad
- □ Phone Charging Cord
- ☐ Extra Cash for Accidentals & Tips

### **OPTIONAL**

- ☐ Hair Dryer
- ☐ Curling Iron / Straightener
- ☐ Hairspray / Moose
- Swimsuit
- Sunglasses / Reading Glasses
- ☐ To-Go Baby Wipes
- Thieves Hand Purifier
- ☐ To-Go Hand Moisturizer
- □ Chapstick / Lipgloss / Lipstick
- ☐ Phone Charging Battery Pack
- □ Computer & Charging Cord
  - Team & Friend Gifts



# YOUNG LIVING CONVENTION

# Packing Checklist FOR THE MEN



# CLOTHING & ATTIRE

5-5 Upscale Casual Outrits
Jacket / Sport Coat
Comfortable & Stylish Shoes
Tennis Shoes for 5K Run
Exercise Clothes
Pajamas
Outfit for Farm Day
Hat / Dress Hat / Baseball Cap
Underwear
Casual & Traveling Clothes
Belt

# TOILETRIES

Hairbrush / Comb
Shampoo / Conditioner
Soap / Shower Gel
Razor / Shaving Kit
Deodorant
Toothpaste / Toothbrush / Mouthwash
Skincare Products

## MUST-HAVES

Backpack / Shoulder Bag
Water Bottle
Vitality Drops / Vitality Oils
Snacks
YL Supplements
NingXia Red Packets
Pen & Notepad
Phone Charging Cord
Extra Cash for Accidentals & Tips

# **OPTIONAL**

Beard Oil / Hair Product
Swimsuit
Sunglasses / Reading Glasses
To-Go Baby Wipes
Thieves Hand Purifier
Chapstick / Moisture Balm
Phone Charging Battery Pack
Computer & Charging Cord
Team & Friend Gifts

